

## SOUTH GIPPSLAND WALKING & ADVENTURE CLUB RISK MANAGEMENT DOCUMENT

1. All members\* and non members (visitors) must read and then sign the disclaimer before joining in a Club Activity.  
\* Members will have read and signed the disclaimer at the time of paying their annual membership subscription.
2. All members and non members (visitors) must disclose to the activity leader any disability/ies that may effect their participation in the activity.
3. The activity leader reserves the right to refuse participation of members and/or non members (visitors) to participate in an activity.
4. The participants are expected to:
  - (i) abide by any instructions given by the leader;
  - (ii) be adequately prepared and equipped for the activity i.e. carry bike repair kit and pump for cyclists; safety vest, etc. for canoeing and/or kayaking; and safety clothing and equipment must be worn/used during the activity;
  - (iii) have appropriate footwear and clothing (prepared for any weather); equipment, food and water when walking or hiking;
  - (iv) carry the basic first aid kit as well as any personal prescribed medications. (Leaders are not responsible for your first aid kit or any medication you may require);
  - (v) ensure that all equipment is in a safe condition; i.e. bikes to be roadworthy, canoes and/or kayaks to be seaworthy; tents and sleeping bags to be appropriate for the weather conditions.
5. Participants are expected to be physically and medically fit for the activity;
6. Participants are required to inform the activity leader of any recent illness or injuries prior to the start of the activity.
7. A Participant List to be completed for every activity and returned to the Walks Co-ordinator upon the completion of the activity.
8. Children under sixteen years must be accompanied by a parent or guardian (nominated by the parent).
9. Members only on overnight hikes.