

ADVISORY NOTES FOR LEADERS

1. Evaluate the level of fitness and suitability of participants. Be prepared to refuse permission to join an activity if participant is not suitable;
2. Ensure all participants have appropriate clothing and equipment prior to the activity;
3. Non members (visitors), unless they are current members of another Vicwalk Affiliate Club, are NOT ALLOWED to participate in more than three activities.
4. For an extended walk, the names and their emergency contact phone numbers must be given to the nominated Club Contact one week prior to the walk. On completion, the leader must inform the Contact as soon possible of their safe return.
5. During any activity you are encouraged to have alternative or emergency plans.
6. Do not hesitate to cancel an event if the conditions are not safe to proceed.
7. Do a head count at the start, during and at the completion of the activity. Keep the group together and have regular head counts.
8. Participants are responsible for their own transport arrangements. However, in the event of car pooling, passengers are expected to contribute towards fuel costs.
9. It is not unreasonable to consult with, and assign another experienced member to assist others during a walk if any difficulties arise.
10. For an extended overnight hike you may need to check and advise an inexperienced walker on the necessary equipment

Equipment is available for hire from the Club to enable new members to try an overnight activity without first purchasing all the necessary gear.